

Budha Dal Public School
Patiala
Class Pre II

*General Awareness
Planner*

Term 1

Session 2026-27





FORMATIVE ASSESSMENT 1

Theme 1. Winter Wow

**My Body*

** My Sense organs*

**My Emotions*

SUMMATIVE ASSESSMENT 1

**My Body*

** My Family*

**Places Around us*

**Safety*

**Good Food & Good Health*

**Good Eating Habits*

**Parts of Plant*

**Introduction to Machines*

**Introduction to Computers*



1 My Body

Theme 1:
Winter
Wow



LOTS

CL

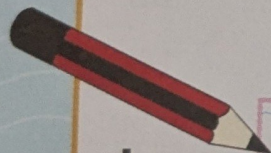
1. Create your own poster. Write about yourself in the space provided.

All About Me



My name is

Three horizontal lines for writing a name.



I am years old

A small square box for writing an age.

My birthday is on

Three horizontal lines for writing a date.



Paste your
picture here.



2. Paste pictures of your favourite things.

CL
LOTS

My Favourite

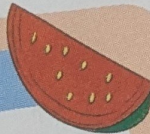
Colour



Book



Fruit



Movie



Cartoon

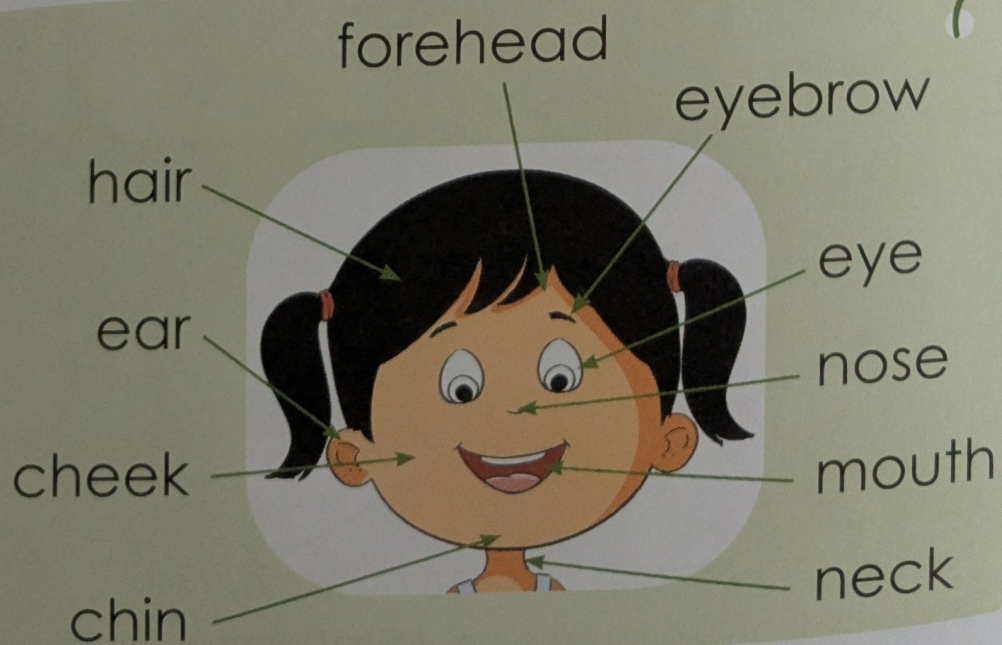
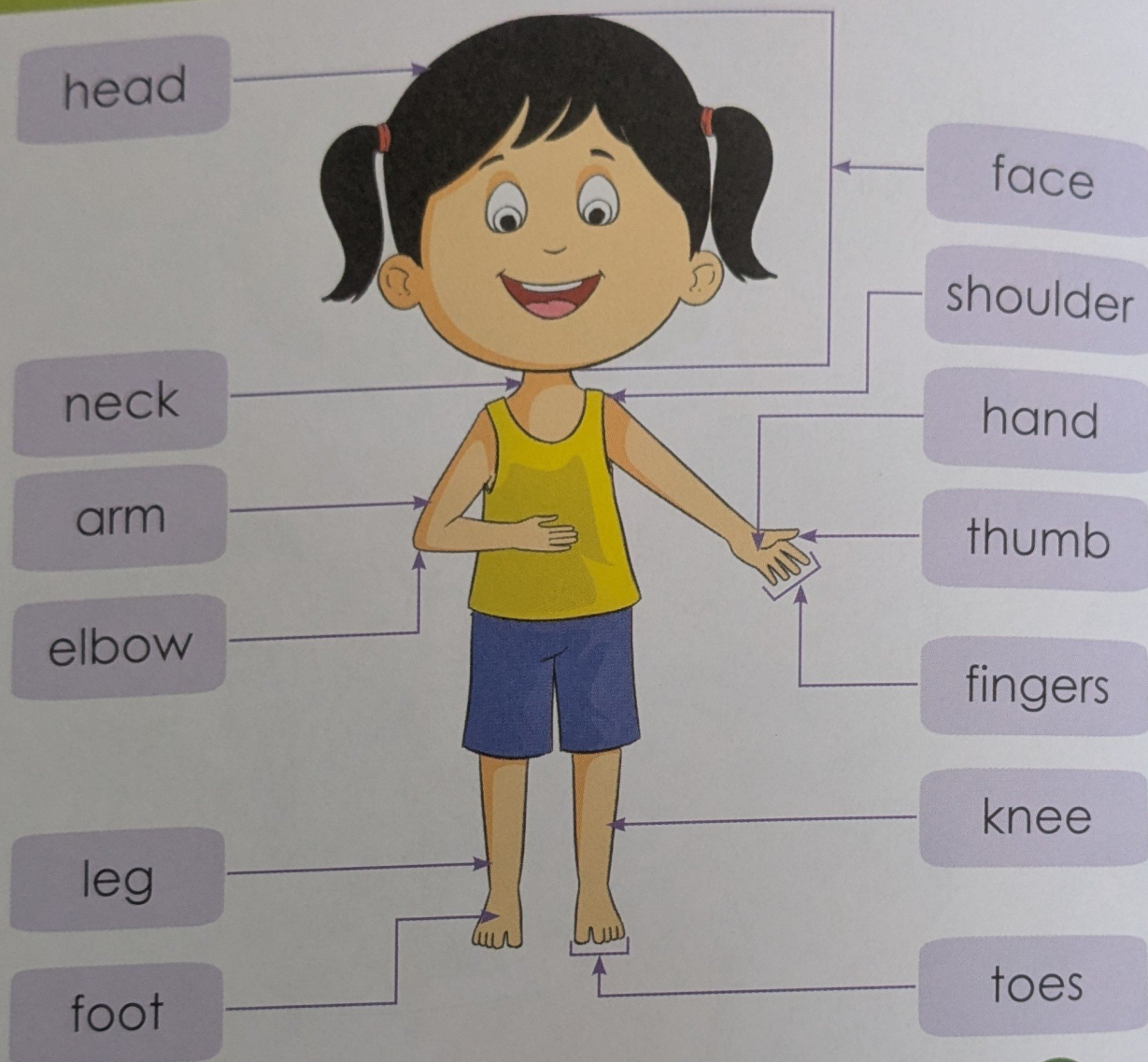


Flower



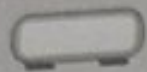
Let's Learn

COD



Lesson 1: My Body

Theme 1:
Winter Wow



5 Periods (40 minutes each)



Maria's, Lina's, Sam's, and Jas's Standees, crayons, CRM signs, Learning Kit, ice-cream sticks, flashcards, pasta shells



Animated Activities, eBook, Infographic, Slideshow, Video, Test Generator

Curricular Goals and Objectives (ECCE)

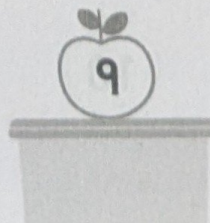
To enable the students:

- develop fine motor skills
- develop emotional intelligence
- observe their surroundings and think logically
- develop communication skills in their home language
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• learn about their body parts through games like 'Simon Says'
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify their body organs • visit nearby market /park and observe the fruits/ flowers



Language and Literacy Development	communicate their ideas using simple words or home language
Aesthetic and Cultural Development	- make stick puppets with help from an adult - use pasta shells to make their body parts
Positive Learning Habits	celebrate birthdays and enjoy with family and friends

Let's Learn

COD SPD

My five senses help me understand
the world.

What can I see?



What can I hear?



What can I smell?



What can I taste?



What can I feel?



Teacher's Note: Read aloud the names of the five sense organs. Let students associate different things with each of the five senses. Guide them to frame short sentences and share their thoughts.

Lesson 2: My Sense Organs

Theme 1:
Winter Wow



4 Periods (40 minutes each)



CRM signs, flowers, cotton balls, small wooden piece, leaves, stones



Animated Activities, eBook, Slideshow, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop fine motor skills
- develop cognitive skills
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express themselves in class with peers and teacher
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify different items and feel their texture • distinguish the function of each sense organ
Language and Literacy Development	• communicate their ideas using simple words or home language
Aesthetic and Cultural Development	• make a collage • trace a coin on paper
Positive Learning Habits	• learn to observe the surroundings keenly

3 My Emotions

Theme 1:
Winter
Wow



CL

Let's Read

After the party, Mum*, Baba** and Sam reach home. They sit together at the dining table. Sam sees a jar full of colourful candies. She asks, "Mum, what is this?" Mum says, "This is a jar, Sam. It is used to store different things."



*Tell the students that Sam calls her mother 'Mum'.
**Tell the students that Sam calls her father 'Baba'.



LSV

EXL

Just like Sam, let us learn how to make a gratitude jar.

STEP 1: Take an old glass jar, coloured sheets, paints, brush, water in a bowl, pencil and glue.

STEP 2: Use your favourite colour and paint to decorate the glass jar.

STEP 3: On the coloured sheet of paper, write 'GRATITUDE JAR'. Paste it on the jar.



LSV

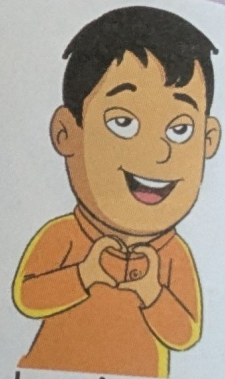
How do you feel today?



happy



excited



loving



thankful



surprised



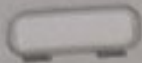
proud

Teacher's Note: Ask the students to look at the pictures. Make them understand the emotions, described in the pictures. Ask the students how they feel and notice their feelings throughout the day.



Lesson 3: My Emotions

Theme 1:
Winter Wow



3 Periods (40 minutes each)



CRM signs, white sheets of paper, crayons, flashcards



Animated Activities, eBook, Infographic, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- understand emotions
- develop fine motor skills
- develop effective communication skills
- develop positive learning habits
- develop emotional intelligence
- observe their surroundings and think logically
- express their emotions through art

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts in front of their peers and teacher • recognise 'self' as an individual member of the family and community
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify their family members
Language and Literacy Development	• communicate their ideas using simple words or home language • learn to describe the picture in short and simple words
Aesthetic and Cultural Development	• make a Family Cloud using craft material
Positive Learning Habits	• love and respect family members

4 My Family

Theme 2:
Fab Feb



Maria, Jas, Lina, Ryan and Sam are in the park with Lina and Sam's mothers.

CL
LSV



*Tell the students that Lina calls her mother 'Mama'.



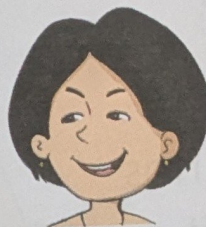
This is Lina's family. Number the picture correctly.

1. Grandmother
2. Grandfather
3. Mother
4. Father
5. Lina



Let's Practise

mother



father

grandmother



grandfather



Lesson 4: My Family

Theme 2:
Fab Feb



5 Periods (40 minutes each)



CRM signs, flashcards, crayons, white sheets of paper, pictures



Animation, Animated Activities, eBook, Infographic, Slideshow, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop emotional intelligence
- understand significance of the family
- develop fine motor skills
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

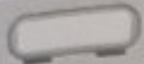
The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts in front of their peers and teacher • recognise 'self' as an individual member of the family and community
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify their family members
Language and Literacy Development	• communicate their ideas using simple words or home language • learn to describe the picture in short and simple words
Aesthetic and Cultural Development	• make a Family Cloud using craft material
Positive Learning Habits	• love and respect family members

Lesson 5: My Family and I

Theme 2:

Fab Feb



7 Periods (40 minutes each)



CRM signs, balls, socks, beads, blocks, white sheets of paper



Animation, Animated Activities, eBook, Infographic, Slideshow, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop fine motor skills
- develop cognitive skills
- develop effective communication skills
- develop positive learning habits

Methodology

Learning Outcomes

The students will:

Physical Development	- develop fine motor skills (by drawing, colouring, cutting and pasting) - hold writing tools firmly to trace words
Socio-Emotional and Ethical Development	recognize 'self' as individual belonging to the family and community
Cognitive Development	- comprehend and follow the instructions given by the teacher - learn and play the game 'Tug of War'
Language and Literacy Development	- communicate their ideas using simple words or home language - discuss about family members - read the given picture in simple phrases
Aesthetic and Cultural Development	make paper fans as a gift for friends and family
Positive Learning Habits	learn teamwork and the importance of family

6 Places Around Us

Theme 3:
Spring in
Our Steps



CL
Koi
LSV

Sam and Ryan celebrate Ugadi with their family members. The children decorate the entrance of the house. Ryan's father helps the children.



Teacher's Note: Tell the students about how Ugadi is celebrated as the new year festival in different parts of India. People wear new clothes, decorate their houses, prepare dishes and spend time with their family and friends.

2. Read the questions. Write the correct letter against each picture. Trace the answers.

a. Where is Mumma?

Study room

b. Where is Baba?

Kitchen

c. Where is Ammachi?

Dining room

d. Where is Appachan?

Living room

e. Where is Maria?

Bedroom

f. Where is Reza?

Bathroom



Lesson 6: Places Around



5 Periods (40 minutes each)



CRM signs, flashcards, sheets of paper, chart paper



Animation, Animated Activities, eBook, Slideshow, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop fine motor skills
- develop emotional intelligence
- observe their surroundings and think logically
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts about the types of rooms in the house
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify their rooms in the house
Language and Literacy Development	• communicate their ideas using simple words or home language
Aesthetic and Cultural Development	• make a small wall hanging using craft material to decorate the living room
Positive Learning Habits	• learn to use the rooms in the house for specific purpose

7 Places in the Neighbourhood

Theme 3:
Spring in
Our Steps



KoI

Let's Read

CL

It is evening. Lina and Aita* are getting ready for an event.

Lina: Where are we going, Aita?

Aita: Lina, we are going to celebrate Ugadi in the neighbourhood park.

Lina: What is a neighbourhood, Aita?

Aita: All the places around our house are called our neighbourhood. Places like school, park, hospital, police station, post office, bank, bus stop, metro station and so on make our neighbourhood.



SDGs

Teacher's Note: This section is aligned to the **SDG 8 Decent Work and Economic Growth**: Teach the students how the work done by people in the different places in a neighbourhood helps make our life simpler and easier. It is important to ensure safe working conditions for everyone.

*Tell the students that Lina calls her father.

Let's Practise

2. Trace the names of places in the neighbourhood.



market



metro station



school



hospital



park



post office



Lesson 7: Places in the Neighbourhood

Theme 3
Spring in
Our Steps



4 Periods (40 minutes each)



CRM signs, flashcards, white sheets of paper, Lina's standee, pictures of the neighbourhood, chart paper



Animation, Animated Activities, eBook, Slideshow, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop fine motor skills
- develop emotional intelligence
- observe their surroundings and think logically
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts comfortably to their peers and teacher
Cognitive Development	• comprehend and follow the instructions given by the teacher • read the map with places in the neighbourhood • learn about places in the neighbourhood • visit nearby market /park and other places in the neighbourhood
Language and Literacy Development	• communicate their ideas using simple words or home language • use newly learnt vocabulary to describe the places in the neighbourhood
Aesthetic and Cultural Development	• acquire awareness about the use of maps
Positive Learning Habits	• know about the use of places in the neighbourhood

Let's Learn

Safety at Play

Be kind.



Always share your
toys.



Play together.



Wait for your turn.



Do not talk to
strangers.



Wear a helmet while
riding a bicycle.



Teacher's Note: Tell the students about other safety rules also.



Let's Learn

Safety at School

Walk carefully on
the stairs.



Do not jump on
desks and chairs.



Always walk in
a line.



Do not talk to
strangers outside
the school.



Do not push
anyone.

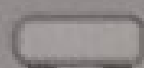


Do not walk on
wet floors.



Lesson 8: Safety

Theme 3
Spring in
Our Steps



3 Periods (40 minutes each)



CRM signs, flashcards, pictures, play cards, sheets of paper



Animation, Animated Activities, eBook, Slideshow, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop cognitive skills and understand safety rules
- develop fine motor skills
- develop effective communication skills
- develop positive learning habits
- develop effective verbal and non-verbal communication skills

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts comfortably to their peers and teacher • identifies 'self' as a member of family and community

Cognitive Development	- comprehend and follow the instructions given by the teacher - learn to be safe while at play, in school or at home
Language and Literacy Development	- communicate their ideas using simple words or home language - use newly learnt vocabulary to communicate effectively
Aesthetic and Cultural Development	draw a picture of their favourite toy
Positive Learning Habits	observe safety rules at home, in school or on the road

9 Good Food

Theme 4:
Summer
Splash



Let's Read

Ryan visits Dtaa during his summer holidays. Ryan and Dtaa make breakfast for everyone. They make fruit chaat and sandwiches. Dtaa and Ryan talk about food and its importance.

Dtaa: Ryan, we eat food to stay healthy and grow strong. We must eat healthy food. Just like our breakfast today.



CL
LSV

Let's Learn

CL We are what we eat, so we must eat healthy! The food we eat is good for us in many ways. Milk and eggs help us grow. Bread, rice, potatoes and fruits give us energy to run and play. Vegetables and fruits help us stay healthy.

HOTS **PMD** 1. Look at the pictures of food. Draw a line to match each food to the correct circle.



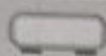
Food for
growth

Food for
energy

Food for
health

Lesson 9: Good Food

Theme
Summer
Splash



4 Periods (40 minutes each)



CRM signs, flashcards, paper plate, crayons



Animation, Animated Activities, eBook, Infographic, Slideshow, Video, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop cognitive skills and explore the physical and natural environment
- develop coordination of fine muscles with dexterity
- develop effective communication skills
- develop positive learning habits

Methodology

Period 1

Place: The lesson can be conducted in a garden area.

Let's Read

- Use CRM signs to take the class to the school garden. Show the students real plants and vegetables. You may explain the importance of eating vegetables.
- You may bring them back to the class. Provide cutouts of fruits and vegetables for students to colour and identify.
- Discuss the bad effects of eating junk foods. Use flashcards to divide foods into two categories: "Healthy" and "Junk." Have students stick the cards in the correct category on a chart.

COULD DO

10 MIN.

SHOULD DO

10 MIN.

MUST DO

20 MIN.

Additional Suggested Activity

- Play a 'food detective' game in the class. Ask students to find cutouts healthy foods hidden around the classroom.

Home Task

- Parents can prepare a rainbow plate with their child, including foods of different colours. The child should bring a photo of the plate to share in class.

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts comfortably to their peers and teacher
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify the foods that are good for growth and provide energy • solve riddles with reasoning, memory and observation
Language and Literacy Development	• talk about the food that provides growth and energy • communicate their ideas using simple words or home language • use newly learnt vocabulary to communicate effectively
Aesthetic and Cultural Development	• make a healthy snack with fruits or vegetables
Positive Learning Habits	• imbibe healthy eating habits • understand the importance of eating healthy food

10 Good Health

Theme 4:
Summer
Splash



LSV

Let's Read

CL Ryan goes with Dtaa on his morning walk. He enjoys talking to Dtaa. Dtaa tells Ryan about a children's special classical music show. They plan to attend the show that evening.

That will be fun, Dtaa.

Yes, Ryan. We will enjoy a lot.



Let's Learn



When
should I
wash my
hands?



After playing
with animals



After playing
outside



After using the
washroom



After
sneezing



Before and
after eating



Fingernails



Between
fingers



Back of
hands



Palm of
hands



Wrists



Base of
thumbs

How
should I
wash my
hands?

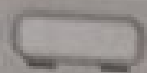
- CL 2. Ryan made a list of the things he does in a day. Tick (✓) the pictures of the things that you do in a day.



Teacher's Note: Help the students learn the importance of good health. Guide them to frame short sentences and share their thoughts.

Lesson 10: Good Health

Theme 4
Summer
Splash



4 Periods (40 minutes each)



CRM signs, flashcards/pictures, crayons



Animation, Animated Activities, eBook, Infographic, Slideshow, Video, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop fine motor skills
- develop cognitive skills and explore the physical and natural environment
- develop coordination of fine muscles with dexterity
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts comfortably to their peers and teacher • work collaboratively with peers
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify the healthy habits to be followed • wash hands correctly following the steps taught in the lesson
Language and Literacy Development	• communicate their ideas using simple words or home language • use newly learnt vocabulary to communicate effectively about healthy habits
Aesthetic and Cultural Development	• become aware of classical music
Positive Learning Habits	• identify different activities done during the day • practise the correct way of washing hands

11 Good Eating Habits

Theme 4:
Summer
Splash



Let's Read

It is lunch time. Dtaa calls everyone for lunch in the dining room. Ryan, Aunt Bhumi, Mummy and Appa all sit together at the dining table. Appa and Mummy serve food to everyone. Ryan reminds everyone to say a silent "thank you" for the meal they are going to eat.

CL
LSV

Ryan, can you please tell us about table manners that we should follow?

Yes, Appa. I wash my hands before and after eating. I chew with my mouth closed. I take small bites. I sit straight while eating.

Teacher's Note: Discuss table manners and good eating habits with students.



Let's Learn



I help set
the table.



I eat slowly
and quietly.



I chew with my
mouth closed.



I drink slowly.



I sit straight while
eating.



I enjoy eating
with my family.



I wipe the table
after meals.



I put the plate
and glass in the
washbasin after
the meal.



I wash my
hands before
and after
eating.

Teacher's Note: Discuss more table manners and good eating habits with the students.

Lesson 11: Good Eating Habits

Theme
Summer
Splash



5 Periods (40 minutes each)



CRM signs, flashcards / pictures, chart paper, glue



Animation, Animated Activities, eBook, Infographic, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop fine motor skills
- develop cognitive skills and follow good eating habits
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• express their thoughts comfortably to their peers and teacher • work collaboratively with peers
Cognitive Development	• comprehend and follow the instructions given by the teacher • learn about the concept of gratitude
Language and Literacy Development	• communicate their ideas using simple words or home language • use newly learnt vocabulary to communicate effectively • learn and recite the poem with rhythm and intonation
Aesthetic and Cultural Development	• create a gratitude journal • make a table mat
Positive Learning Habits	• learn the importance of having meals together with the family • follow table manners • practise gratitude in daily life

Let's Learn

2. Read aloud the names of trees.



Bamboo



Mango



Peepal



Banana



Pine



Neem



Jamun



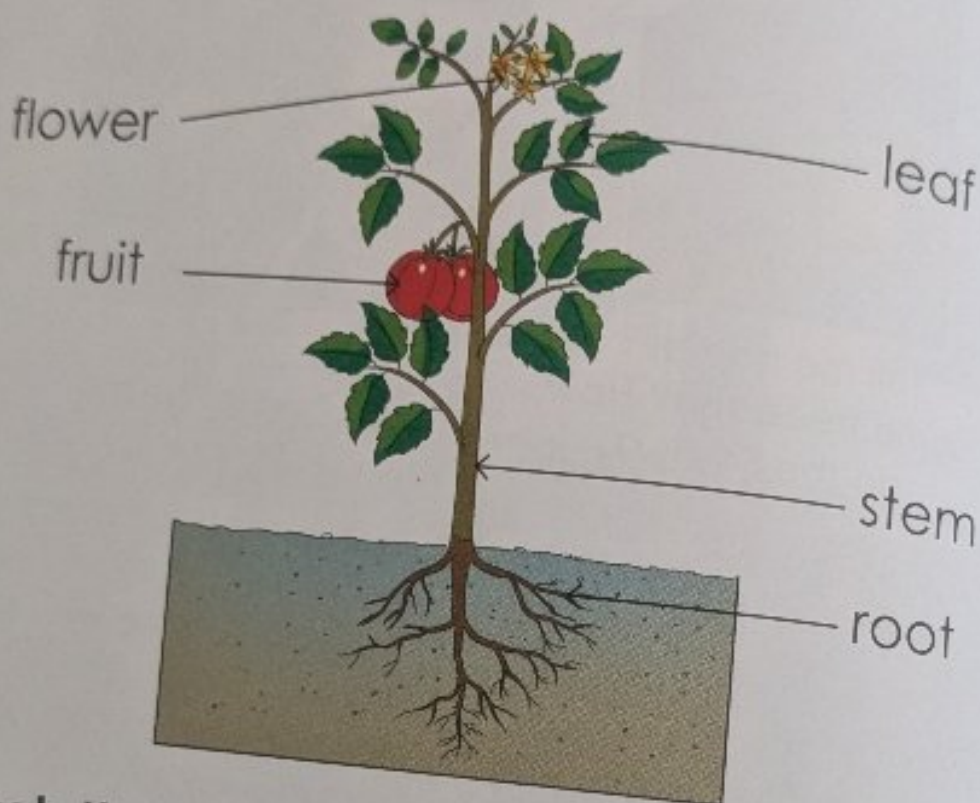
Banyan



Coconut

Let's Learn

Read aloud the names of different parts of a plant.



1. Match the parts of a plant with their names.

fruit

leaf

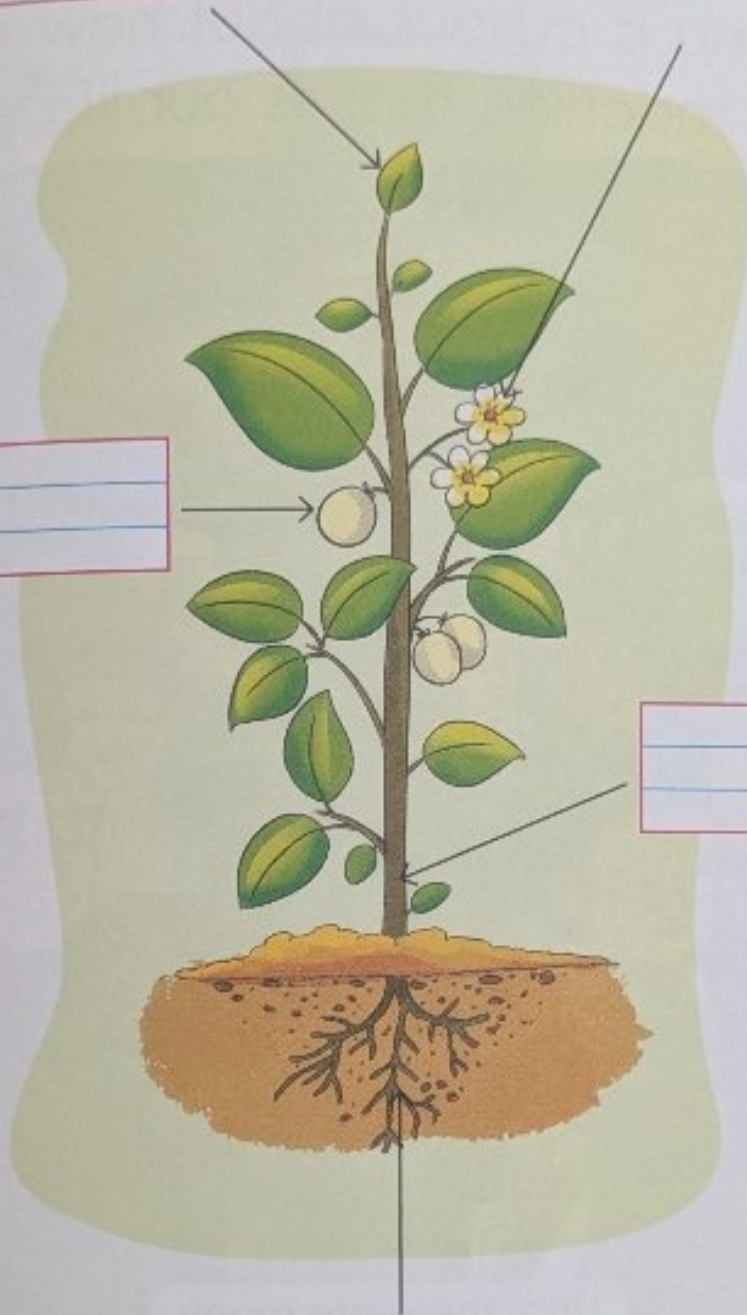
stem

root

flower



4. Label the parts of a plant.



Lesson 12: Parts of Plants

Theme 5:
Happy Holidays



6 Periods (40 minutes each)



CRM signs, flashcards/pictures, sheets of paper, chart paper, crayons, jigsaw puzzle on parts of a plant



Animated Activities, eBook, Infographic, Slideshow, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop coordination of fine muscles with dexterity
- develop cognitive skills and environment-based learning
- develop effective communication skills
- develop positive learning habits

Additional Suggested Activity

- Students can be asked to draw a simple plant in their notebooks and label the parts.

Home Task

- Parents can guide their children to observe a plant at home and try to identify its parts.

Learning Outcomes

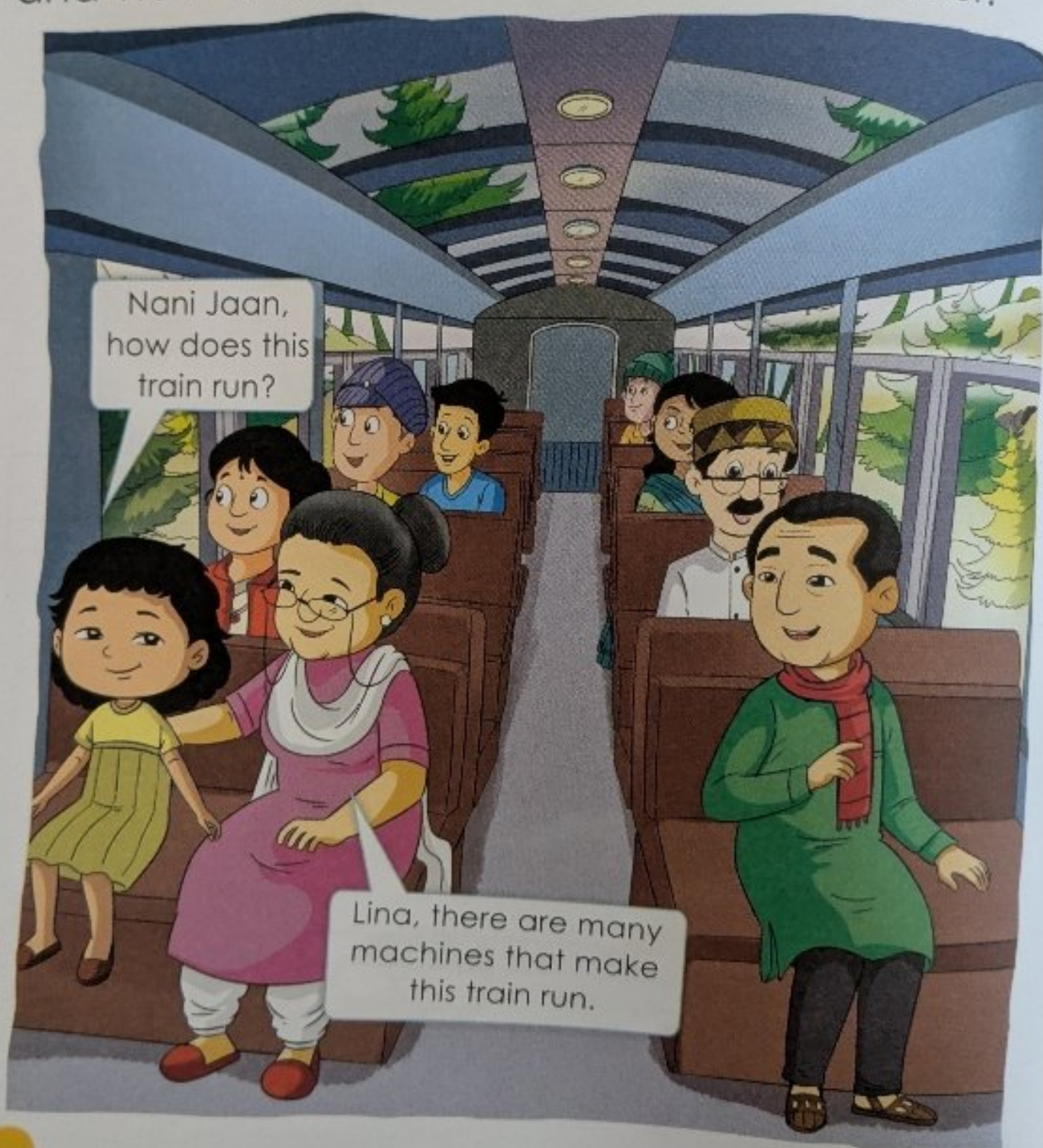
The students will:

Physical Development	develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	work in collaboration with peers and share their thoughts and ideas
Cognitive Development	- comprehend and follow the instructions given by the teacher - identify parts of plants - know more about things needed to grow by flowering plants and trees - solve simple jigsaw puzzle on parts of a plant
Language and Literacy Development	communicate their ideas using simple words or home language
Aesthetic and Cultural Development	- engage in gardening activities and grow their own plants - make a scrapbook on the different types of trees
Positive Learning Habits	learn to grow plants



Let's Read

Lina, Nani Jaan and Nana Jaan are enjoying a train ride. Lina is curious about how a train runs and how a machine makes our life easier.



Let's Learn

Read aloud the names of some common machines.

Theme 5:
Happy Holidays

COD
3E



iron



television



mixer



computer



mobile



radio



oven

Teacher's Note: This section is aligned to the **SDG 9 Industry, Innovation and Infrastructure**: Tell the students that it is better to give away and recycle old working devices or machines in place of throwing those in the waste.

SDGs

2. Tick (✓) the ones that are machines.
Cross (X) the incorrect ones.



Lesson 13: Introduction to Machines

Theme 5:
Happy Holidays



4 Periods (40 minutes each)



CRM signs, flashcards, sheet of paper, matching sheet, Lina's standee, a toy train



Animated Activities, eBook, Infographic, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop strength and coordination of fine muscles
- develop cognitive skills and understand simple machines
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.) • use sport equipment to play and strengthen muscles
Socio-Emotional and Ethical Development	• communicate effectively with peers and familiar adults
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify different types of simple machines used in the house
Language and Literacy Development	• communicate their ideas using simple words or home language • describe the functioning or uses of different simple machines used around them
Aesthetic and Cultural Development	• make a simple machine using craft material
Positive Learning Habits	• try to innovate and create simple machines

14 Introduction to Computers

Theme 5:
Happy
Holidays



CL Lina, Nana Jaan and Nani Jaan reach the hotel. Lina sees a computer.

Nana Jaan,
I can see a
computer there.

Yes, Lina. Computers are used in
many places like hotels, schools,
banks, offices and hospitals.



Let's Practise

1. Trace the names of the parts of a computer.

COD
PMD



monitor



printer



keyboard



CPU



mouse



speakers

Let's Relax

2. Tick (✓) the correct answer.

a. Which of the following is a computer?



b. Which of the following machines is found inside a kitchen?



c. Which of the following machines is used to iron our clothes?



d. Which of the following machines is used to keep us cool?



e. Which of the following machines is used to watch cartoons?



Let's Learn

COD

Read aloud the uses of a computer.



Draw pictures



Play games



Listen to music



Take classes



Stay in touch with
friends and family



Watch a movie

Lesson 14: Introduction to Computers

Theme 3
Happy Holidays



5 Periods (40 minutes each)



CRM signs, flashcards, sheet of paper, character standees



Animated Activities, eBook, Infographic, Test Generator

Curricular Goals and Objectives (ECCE)

To enable the students:

- develop strength and coordination of fine muscles
- develop cognitive skills and understand simple machines
- develop effective communication skills
- develop positive learning habits

Learning Outcomes

The students will:

Physical Development	• develop fine motor skills (by drawing, colouring, cutting and pasting, etc.)
Socio-Emotional and Ethical Development	• communicate effectively with peers and familiar adults
Cognitive Development	• comprehend and follow the instructions given by the teacher • identify different parts of the computer • learn about the use of computers in daily life
Language and Literacy Development	• communicate their ideas using simple words or home language • describe the functioning or uses of computer
Aesthetic and Cultural Development	• learn to identify and draw a computer and its various parts
Positive Learning Habits	• use computer for daily activities like attending classes, staying in touch with family and friends, etc.