

BUDHA DAL PUBLIC SCHOOL, PATIALA

LESSON PLAN OF CLASS-XII (SUBJECT: DANCE) SESSION 2025-26

Topic 1: A Brief Knowledge of Other Classical Dances

Learning Objectives:

- Gain an understanding of various classical dance forms in India.
- Learn the unique characteristics and cultural significance of each dance form.
- Recognize the diversity and richness of Indian classical dances.

Art & Integrated Activity/Project/Practical:

- Research and create detailed profiles of different classical dance forms.
- Prepare and present on the unique aspects of each dance form.
- Watch and analyze performances of various classical dances.

Expected Learning Outcomes:

- Students will have a comprehensive knowledge of various classical dance forms in India.
- They will be able to identify and describe the unique characteristics of each dance form.
- Students will appreciate the diversity and cultural significance of Indian classical dances.

Assignments and Assessments/Test:

- Assignment: Write a detailed essay on a chosen classical dance form.
- Quiz: Key characteristics and cultural significance of different classical dances.
- Presentation: Detailed profile of a specific classical dance form.

Remedial Measures:

- Additional reading materials and documentaries on various classical dance forms.
- Discussion sessions to clarify doubts and provide deeper insights.
- One-on-one assistance for students needing extra help.

Topic 2: What is Abhinaya? Explain its Four Aspects

Learning Objectives:

- Understand the concept of Abhinaya in Indian classical dance.
- Learn and explain the four aspects of Abhinaya: Angika, Vachika, Aharya, and Sattvika.
- Develop skills to demonstrate the different aspects of Abhinaya in performances.

Art & Integrated Activity/Project/Practical:

- Group discussion on the concept and importance of Abhinaya.
- Practical sessions to demonstrate and practice the four aspects of Abhinaya.
- Create and perform a short dance piece incorporating all four aspects.

Expected Learning Outcomes:

- Students will understand and articulate the concept of Abhinaya.
- They will be able to explain and demonstrate the four aspects of Abhinaya.
- Students will incorporate the different aspects of Abhinaya in their performances.

Assignments and Assessments/Test:

- Assignment: Write a detailed explanation of the four aspects of Abhinaya.
- Quiz: Definitions and examples of Angika, Vachika, Aharya, and Sattvika.
- Practical Test: Demonstration of a dance piece incorporating all four aspects of Abhinaya.

Remedial Measures:

- Video tutorials on the concept and aspects of Abhinaya.
- Detailed guides with illustrations on demonstrating the four aspects.
- Personalized feedback and additional practice sessions.

Topic 3: Gharanas of Kathak (Jaipur, Lucknow, Banaras)

Learning Objectives:

- Understand the origins and characteristics of different Kathak Gharanas.
- Recognize the unique features and styles of Jaipur, Lucknow, and Banaras Gharanas.
- Develop an appreciation for the diversity within Kathak dance.

Art & Integrated Activity/Project/Practical:

- Research and create a comparative chart of the three Kathak Gharanas.
- Prepare and present on a selected Kathak Gharana, highlighting its key features.
- Watch and analyze performances from different Kathak Gharanas.

Expected Learning Outcomes:

- Students will have a comprehensive understanding of the three main Kathak Gharanas.
- They will be able to identify and describe the unique features of each Gharana.
- Students will develop an appreciation for the diversity and depth within Kathak dance.

Assignments and Assessments/Test:

- Assignment: Write a detailed report on a selected Kathak Gharana.
- Quiz: Key features and historical background of the three Kathak Gharanas.
- Presentation: Comparative analysis of two Kathak Gharanas.

Remedial Measures:

- Additional reading materials and documentaries on Kathak Gharanas.
- Discussion sessions to clarify doubts and provide deeper insights.
- One-on-one assistance for students needing extra help.